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# PEDAGOGICAL-PSYCHOLOGICAL FACTORS IN IMPROVING THE SPIRITUAL EDUCATION OF STUDENTS

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**Abstract:** This article analyzes the main pedagogical and psychological factors for improving the process of spiritual and moral education of higher education students. The study highlights the role of spiritual values in the personal and professional development of student youth, methods for ensuring their psychological stability, and issues of forming ideological immunity against threats in the global information space. Furthermore, the article describes the significance of integrating national and universal values in enhancing students' spirituality and provides scientific and practical recommendations for implementing effective models of pedagogical cooperation.

**Keywords:** Student, spiritual education, psychological development, pedagogical factors.

## Introduction

In the higher education system, training qualified personnel involves not only developing their professional knowledge and skills but also enriching their spiritual and psychological world alongside their intellectual potential. In the current era of accelerating globalization and intense information flow, where the struggle for the minds and hearts of students is intensifying, educating them to be spiritually and psychologically mature has become one of the most pressing tasks for the fields of pedagogy and psychology.

The harmony of pedagogical and psychological factors plays a crucial role in shaping the spiritual image of students. While pedagogical factors encompass the content of the educational process, the integration of national and universal values, and pedagogical cooperation, psychological factors are related to the student's personal needs, social adaptation, motivation, and mental stability. The unity of these two directions serves to strengthen ideological immunity against alien ideas and increase the social responsibility of students.

This article analyzes the current state of enhancing students' spirituality, the internal and external factors influencing this process, and modern methods for increasing the effectiveness of education. The aim of the research is to develop scientific conclusions on improving the pedagogical-psychological mechanisms for rehabilitating the spiritual world of students and educating them in the spirit of patriotism, national pride, and high moral principles within the higher education environment.

## Main Part

The process of shaping the spiritual-psychological image of students is multifaceted, relying on a series of pedagogical and psychological principles. Improving this process in higher education institutions primarily requires an understanding of the balance between the student's personal needs and the social environment.

Pedagogical factors define the external environment and methodological basis for shaping students' spirituality. This primarily includes the effective use of the educational potential of academic subjects. Instilling a sense of national identity, historical memory, and respect for ancestral heritage through social sciences and humanities is the foundation of spiritual education. Additionally, organizing students' leisure time meaningfully and

involving them in various spiritual-enlightenment events, clubs, and community work develops their social activity skills. Within the pedagogical process, providing a personal example based on "master-apprentice" traditions and raising the student's worldview to the level of analytical thinking is a vital pedagogical condition.

Psychological factors are related to the internal, individual mechanisms of the educational process. The period of studentship is the most active stage for self-awareness and defining life goals. During this period, it is necessary to build psychological stability in students, protect them from stressful situations, and correctly direct their motivation. Developing emotional intelligence plays a special role in spiritual upbringing. This teaches the student not only to manage their own emotions but also to establish healthy communication with others and acquire qualities such as empathy and tolerance.

One of the strongest factors influencing student spirituality today is the digital environment. Psychologically, it is essential to develop "information culture" in students-the ability to filter information. This enables them to create an internal defense system against various ideological attacks. As a result of the integration of pedagogical and psychological influences, the student develops not only as a knowledgeable specialist but also as a strong-willed individual with high spirituality.

**Conclusion**

The conducted research and analysis show that shaping the spiritual-psychological world of students is an integral and most important part of the pedagogical process in the higher education system. The harmony of pedagogical and psychological factors serves as the core foundation in improving the spiritual-psychological education of students.

Systematically instilling national values, historical heritage, and feelings of patriotism through pedagogical approaches forms a solid worldview in students. At the same time, taking psychological factors into account-focusing on the student's mental stability, emotional intelligence, and social adaptation-ensures the internal effectiveness of the educational process. Especially in conditions of globalization and increasing information attacks, forming ideological immunity in students is of decisive importance for preventing them from succumbing to alien ideas and finding their rightful place in society.

In final conclusion, it can be said that the spiritual-psychological education of students should not be limited to theoretical knowledge but should be enriched with practical exercises, psychological training, and a meaningful social environment. Implementing modern models of pedagogical cooperation and strengthening an individual approach based on respect for the student's personality will create the groundwork for higher education institutions to produce highly spiritual and comprehensively mature specialists. In short, improving spiritual-psychological education is a dynamic process requiring a systematic approach that encompasses educational content and psychological support. The mutual compatibility of these factors serves to raise the efficiency of higher education to a qualitatively new level.

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